

Mr. Govindanagouda. V.Naregal

2. Date of Birth: 04/05/1966
3. Address (Residential): Mr.G.V.Naregal
121 Tirumala Niwas
Sir..Vishwesharayya Colony
Near Ladies Hostel Ashram Road
Vijapur – 586101
Ph. No: Res: Mob:9141439460

4. Address (official): Dept of Biochemistry
B.L.D.E.DU' Shri. B.M.Patil Medical College
Sholapur road, Vijapur - 586103
Ph.No. 08352- 2627770 (Extension): 2228

5. Designation: Tutor Dept. of Biochemistruy

6. Date of appointment: 1/7/2015

On the Present Post – 01.06.2012

7. Total work experience: 4 year 6 month

8. Total teaching experience:

a) UG teaching: 4 years ,6 months

9. Qualifications:

	Qualification	Year	Board/Univ. College
Masters degree	MSc Medical Biochemistry	2014	B.L.D.E. DEEMED TO BE UNIVERSITY VIJAYAPUR
Bachelor's degree	BSc	2002	Karnataka University Dharwad

10. No. of research papers published in peer reviewed journals –

Sl. No	Title of Article	Author	Name of journal	Year, Vol, No.	Indexing status
1	Effect of Yoga on oxidative stress in Elderly with Grade I Hypertension. A randomized Controlled Study	4 th	Journal of clinical and diagnostic research	2014 8(7) (BC04-BC07)	Scopus
2	Elevation of oxidative stress and decline in endogenous antioxidant	1 st	Journal of clinical and	2017 July 11(7)	Scopus

	defence in elderly individuals		diagnostic research	(Bc09-Bc12)	
3	Effect of yoga on cardiac autonomic dysfunction and insulin resistance in non-diabetic offspring of type -2- diabetes parents: A randomized controlled study	3	Complementary therapies in clinical practice	2019/2/1 (V 34 Pages 288-293) Publisher Churchill Livingstone	Scopus

11. Ongoing Research Project:

- 1) Assessment of vitamin D status in population attending a tertiary hospital North Karnataka (Statistical analysis)
- 2) Establishing regional neonatal reference for Thyroid Hormones at clinical biochemistry of SBMP medical college hospital and research centre.
- 3) A randomized controlled trial of Shilajit on oxidative stress and arterial stiffness in elderly with hypertension RGUHS as Co-investigator

12. Membership / Participation in Bodies / Committees on Education and National Development, Membership of university bodies and Authorities etc.

S.N	Name(PB)	Type of membership	Since	Position held, if any
1	NABL	member	2019	laboratory quality manager